

Muscles

Techniques

Module ONE

Supraspinatus
Pectoral Major Clavicular (PMC)
Psoas
Latissimus Dorsi (Lats)
Anterior Deltoid
Quadriceps (Quads)
Tensor Fascia Lata (TFL or FL)
Pectoral Major Sternal (PMS)

Neuro Lymphatic Points
Neuro Vascular Points
Introduction to Meridians
Concept of Strong Indicator Muscle
Cross Crawl
Dealing with and testing for Dehydration
Emotional Stress Release - ESR
Techniques to aid Learning Difficulties
Visual Inhibition
The KA Code of Ethics

Module TWO

Teres Major
Subscapularis
Deltoids – Middle and Posterior
Sartorius
Teres Minor
Gluteus Medius

Seven Factors of IVF
Introduction to MEI/Tonification points
Pulse Synchronisation
Diaphragm Breathing
Fears and Phobias
Gaits and Figure 8 Energies
Food Testing and Protein / Mineral Test

Module THREE

Levator Scapulae
Neck Muscles
Hamstrings
Levator Scapulae
Piriformis
Upper Trapezius

Self-talk and Balanced Affirmations
Pause Lock
Emotional Tissue Memory Scanning
Energetic Switching
Checking for Priorities
Introduction to Chinese Five Elements
Wrist Pulses for Over Energy
ESR Past Present and Future
Music and stress relief
Breast Congestion

Module FOUR

Quadratus Lumborum (QL)
Infraspinatus
Iliacus
Pronator Teres
Supinator
Opponens Pollicis Longus (OPL)
Rhomboids

Over Energy for Emotions/Goal Setting
Realms Finger Modes
Thymus Tap
Fix in Motion
Fixations Piriformis, Psoas Hamstrings,
Pulling it all together

Module FIVE

Brachioradialis
Adductors
Peroneus
Tibials
Subclavius
Anterior Serratus
Pectoralis Minor
Popliteus
Lower and Middle Trapezius

Pause Lock Stacking and Two Pointing
Emergency Modes
Spindle Cells & Golgi Tendons
Introduction to Alarm Points

Module SIX

Coracobrachialis
Gastrocnemius
Gracilis
Soleus
Gluteus Maximus

Surrogate Testing
Origin & Insertion Massage